

# SPORTSESSIONPLANNER.COM

The Worlds Most Advanced **ONLINE**  
**Complete Coaching Solution**



**INDIVIDUAL USER PACKAGE**

**SportSessionPlanner** is  
‘the worlds most advanced  
online complete coaching  
solution’. Since its inception,  
SSP have produced an  
unrivalled software system  
that enables coaches to  
easily **produce, manage,  
save and share** outstanding  
**3D Session Plans, Match  
Preparation Documents** and  
detailed **High Speed Player  
Evaluations and Reports** all  
on **one system** ultimately  
giving coaches **more time**  
on the field with the players.

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## Introduction

**Getting the best out of your players is a fine art. As a coach you not only need to identify the what, when, where, who and how of a situation, you also need to be prepared to deal with it effectively.**

Planning a training session should be simple to construct, have variation, and have your key learning objectives visible to help you stay on track when coaching your session. Sport Session Planner designed its session planning tool to give you just that.

Most coaches are not IT managers, so when we design our products we design them with the practical coach in mind..... Simple to use, easy layout and logical progressions for building brilliant coaching sessions.

Sport Session Planner.Com Limited, is now recognised as a leading Software provider in the Football/Soccer, Futsal, and Hockey sectors. With three outstanding products, designed to allow coaches to prepare session plans to aid training, prepare for matches and record incidents in the game for analysis, and a player management and evaluation tool that is ideal for academies who need to record the development of their players.

This brochure is designed to give you an insight into our products.







## The SessionPlanner

**The world's first and award winning 3D and 360° rotating pitch view session planner was conceived in 2011, with two functionalities as the main objective upon launch. Create a system that is simple for coaches to use. Create a tool that could be used for educational purposes too.**

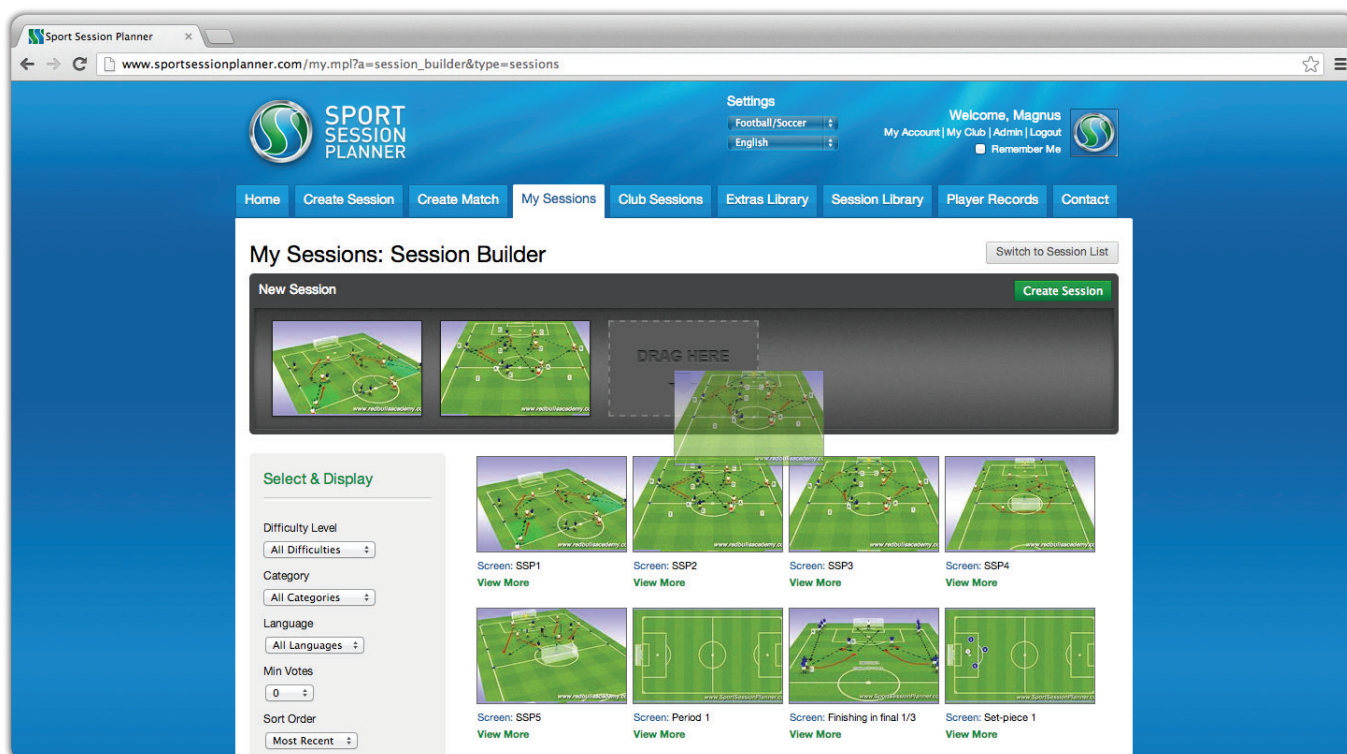
We tick both boxes.

Coaches become addicted to creating sessions using the session planner because of the various ways to bring the session to life.

Cloning players and equipment is easy. As an example, find the player action you require from the left hand box, click and drag onto the pitch. While the player is still highlighted a new set of tools appear below the pitch image. The two square  is a cloning tool. Click the clone button, then pin a player to the pitch, one by one you can add as many players, quickly. Elevate an object—what about a high ball, for volleying or heading? Well no problem, click on your ball, click the Elevate button  and slide the object up to the height you need. Get a real perspective, by viewing from pitch side, and see you player volley or head the ball! These are just two of the features available in Session Planner. Now spin the pitch to view from a different angle. Zoom in to get tighter to the action, or zoom out

to view from a wider perspective. Want to annotate? Well in full screen mode click the scribble pen and add notes for your audience. A brilliant educational feature to aid understanding of the session for your players.

Session Planner is packed with features like this. The real benefit of course is to save you and your coaches time, enabling you to get on the training pitch to deliver the session. So, once you have saved your drill or session, you can print it, or save to PDF, or just put it into your on-line library of sessions.



## SessionBuilder™

Coaches will create drill after drill using Session Planner, and linking these drills together to create a specific session has been made very easy using our SessionBuilder™ tool.

SessionBuilder™ allows you to search sessions that have been saved in a category within your library; showing on screen side by side all the sessions you have in your library, saved in that category.

All you need to do now is click on your drill and drag it to the space bar in grey above your drills. Drag up to 7 drills into the bar to create a full session. Hit Create Session and you are then taken back into the edit suite, where you can then give your session a title, and allocate a specific amount of time that you intend to do for each drill. Then click save, and you have in a matter of seconds created a full session, made up of several drills.

That's not it though. What about if you want to personalise any of the drills you dragged into the session? Well you can, once you're in the edit suite you can drag players around, add extra equipment, lines or text, and make the revisions you are looking for.

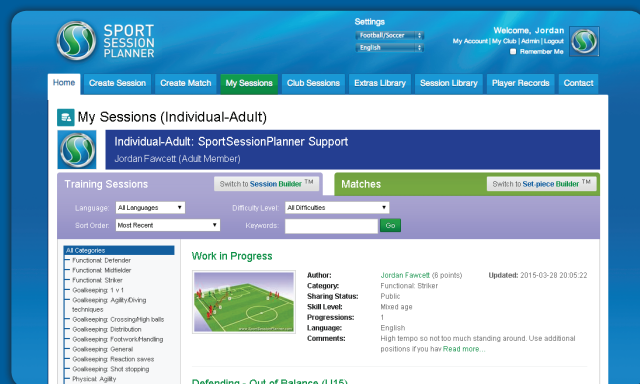
Building a session out of several drills has never been easier. A great time saving benefit for any coach in a hurry to plan and prepare a session, when time is not on their side!

### ADDING VIDEO & IMAGES

Adding video or a graphic image to your session plan has never been so easy. Just go to the settings cog, and then click the video and images tool. simply paste in your video or image and save. Now you not only have a session plan, but you have a video clip that relates to your drill, or a photograph. Want to add the session 'thumbnail image' to a presentation? Well you can, in the same edit settings, click the link and your thumbnail image can be stored on your pc/laptop so you can insert it into your own presentations.

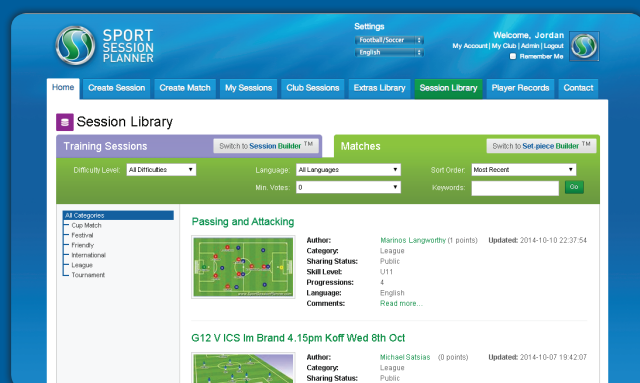
# The Libraries

Storing saved sessions is easy with Sport Session Planner. Depending on where you want to save the session, we have given you plenty of choice.



## My Sessions

Create and store sessions in your own personal library and retrieve easily. Or add to favourites for easy access on your home page.

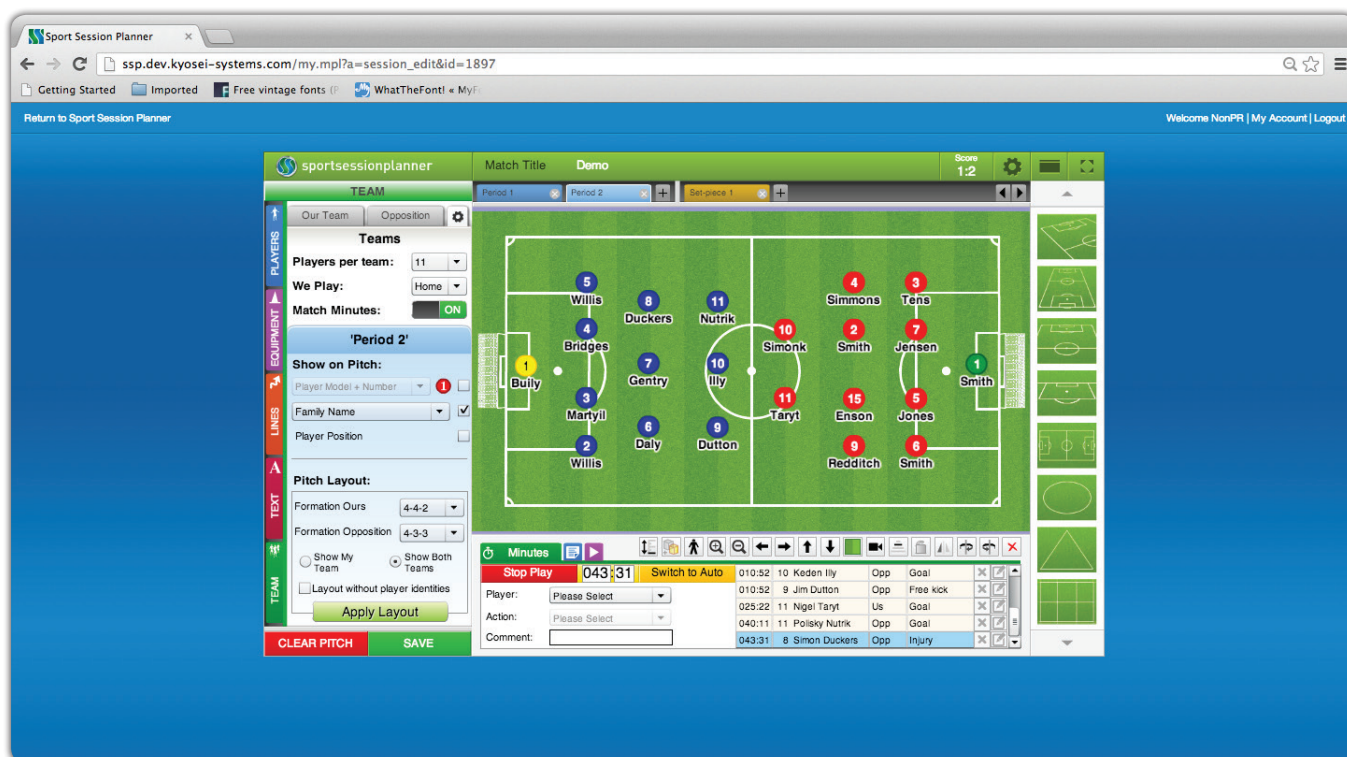


## Session Library

The Session Library is a place where all members of Sport Session Planner can choose to make their own created session 'public' and viewable to other members of SSP. Sessions that are shared in this Library can also be cloned, and then brought into a Club or My Library. When a session is Cloned, the original authors details are removed, and the coach doing the cloning will save the session again and give it a new name. A brilliant resource for coaches looking for inspiration. The Session Library has over 4000 shared sessions from members of the Sport Session Planner community



## 5 Match Day



## Match Day

When it comes to your match programme, you always need to prepare for and review each game. Sport Session Planner MATCH DAY is the perfect partner product.

### MATCH PREPARATION

Select the starting players based on what type of game you are playing (11/9/7/5) allocate substitutes. Select your starting formation from a list of pre-set formations. If you know the opposition's playing formation show this too, and even opposition players names.

**MATCH DAY** can display the players on the pitch as action figures or discs.

Set up number of periods , this could be 2 x 45, or 3 x 30, or in any combination you desire. You Choose!

Why not add in some rehearsed set-pieces? Create a set piece as you would with Session Planner, and label them, such as Free-kick 1, or Corner Short! You decide!

### MATCH MINUTES

The minutes function can be input manually or run live, with the clock ticking in normal time. The run live format is ideal for when you are reviewing the Match on video, and adding in the events that took place, such as goals, free kicks, corners, red and yellow cards, substitutions.

Add additional comments to the minutes to support the incident, for example, a substitute for an injury to a player, add a note about the injury.



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## How to Join

Joining the many thousands of coaches and hundreds of clubs is easy. Private individuals can register and pay their account on-line, by going to [www.SportSessionPlanner.com](http://www.SportSessionPlanner.com) and click the link 'Become a Member'. For Club enquiries, you simply need to email us via [enquiries@sportsessionplanner.com](mailto:enquiries@sportsessionplanner.com). We have Sales Managers throughout the world, and your enquiry will be directed to the most appropriately located Sales Manager.



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