



a Reseller-Club: Premier Users' Club

Session: 2005 OPDL VS Hamilton OPDL
Brendan Teeling, Windsor, Canada

Period 1



Set-piece Man utd Line

Signal 1 hand in air

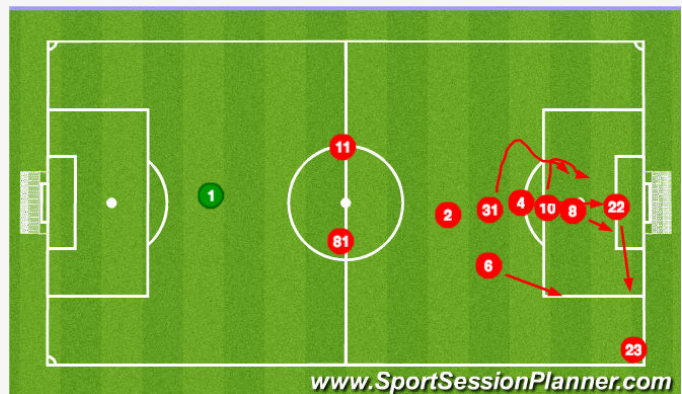
23/6 crosses the ball into a dangerous area (2nd 6 yard box or middle or deep)

22 makes run short to receive

8 goes front post 10 arcs back and then attacks back area 4 makes straight run to middle of 6 yard box

31 makes a run to back post

23/6 makes run to edge of penalty box to receive pass



Set-piece spin

Signal fix sock

23/6 depending on side of corner. Good quality delivery into the box

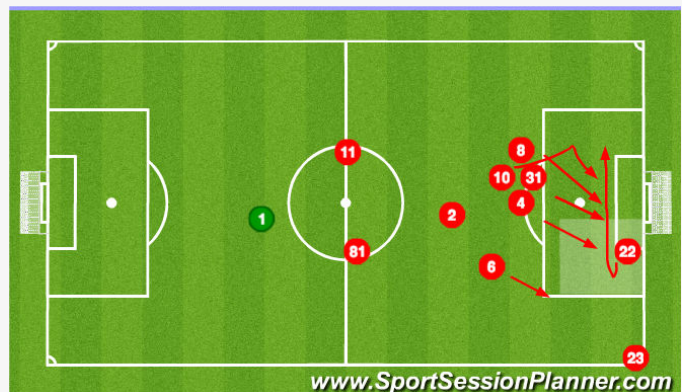
8, 10, 31, 4 - Timing and disguise in run. Ball should be going to front shaded area.

22 spin to back post but still be aware if ball comes alive in front of you

6 provides option short

2 sits on edge of box for rebounds to either shoot or recycle ball

Beware of Transition - work hard if we lose possession



Set-piece Short

Signal pull on front of jersey

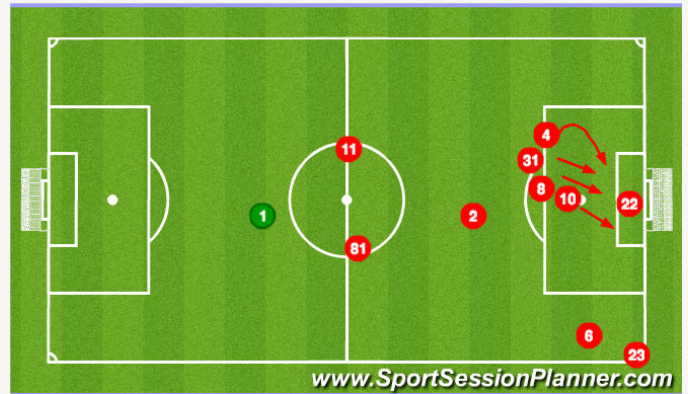
6 and 23 look to play short, decide whether to play short and overlap and get a shot/cross into box or dribble to line and get a cross into box

Players in box make different runs to different areas

22 blocks goalkeeper line of sight

2 there for rebounds

11 and 81 tidy up if there is a counter attack



Defending Corner

Be aware of your roles

Nobody on posts

4 players marking up

2 players on edge

81 in the hole ensuring know low flying balls get past her

2, 8 and 31 provide outlets when we win the ball

