

Neutral

The team will be set up in a natural 4-2-3-1.



Attacking

When attacking the wingers will take in to create 4 central attackers outnumbering their defence. This will also give the full-backs chance to venture up as there has been space created. This will mean we can create from central and wide areas. It is a risk, however we want to play a very risk and reward system.

Gk: Will go up to 18 yard box to sweep any long balls that happen on the oppositions counter

CB: They will be left as a two or three as we will encourage the full backs to go up.

Fullbacks: They can go up when attacking, however one will have to drop a little bit as it could make us very vulnerable at the back.

Midfielders: When attacking one can go up to help attack by creating a chance or recycling play. One will have to sit when attacking to help delay the counter if we lose possession. The decision of who goes and sits will be the players call during the attack.

Ten and midfield triangle: The three players are not stuck in a position, they will move around the pitch in a triangle and rotate to create space and create gaps in the opposition's midfields and defence. They will have specific plays that they will do during the game to drag players around the pitch to get up the field quicker.

Number 10: The ten can go wherever they want, they can double up with the winger, switch with striker or come short to create a chance or shoot. I want the 10 to sit in between the line of the oppositions midfield and defence.

Wingers: They will take in to give fullbacks space to go up. They will try and play off the striker by making runs in behind between the full backs and centre backs.

Striker: The striker will look to switch with the number ten to drag defenders out of position. They can also look to go in behind depending on the players speed. Finally, they will look to receive in front of the defence to give to wingers so they can go 1vs1 against the fullbacks.



Attacking down the side



Playing out from the back



Playing out from the back part 2



Defending mrk 1

When defending we will either sit in a 4-4-2 or 4-4-1-1 this will close up the gap created when attacking. We also want the striker let their centre back come past them and then go behind them so they can not go back. The CB's in our league are not technically good meaning they will lose the ball under pressure or play a long ball, which we can defend with the set up we have.



Press mrk 1

When pressing we want everyone in the first 3 columns except the full back as they can edge into the 4 column to delay the attack if the switch happens. The players should look to suffocate the player's space forcing the long ball. This press will only happen if the striker is slow.



Press mrk 2

High press to force the opposition to play down the side and squeeze them out of the pitch.

