



# Attacking movements in the finishing zone

Category: Tactical: Attacking Principles/Formations

Difficulty: Junior

Leo Barbosa



## Description

### Warm up



Groups of 3. Full Court

Working on:

- Passing and moving with different parts of the foot
- Passing combination
- 2v1

### 2v1 with returns



2v1 with returns

- Ball starting with defenders passing to attackers
- Defenders must touch the line before they can recover the ball

### 3v3 with helpers



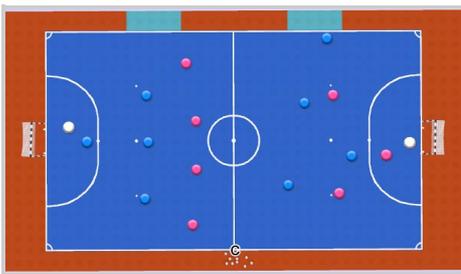
3v3 with helpers.

- Ball starting from coaches
- In the finishing zone players can only score in one touch

Progression:

- Returns
- Helpers in the mid line

### 3v4 to 4v3



3v3 with helpers.

- Ball starting from Gk's or coaches
- In the finishing zone players can only score in one touch

Progression:

- Returns
- Helpers in the mid line