



# Attacking movements in the finishing zone

Category: Tactical: Attacking  
Principles/Formations  
Difficulty: Junior

Leo Barbosa



## Description

### Warm up

Groups of 3. Full Court

Working on:

- Passing and moving with different parts of the foot
- Passing combination
- 2v1



### 2v1 with returns

2v1 with returns

- Ball starting with defenders passing to attackers
- Defenders must touch the line before they can recover the ball



### 3v3 with helpers

3v3 with helpers.

- Ball starting from coaches
- In the finishing zone players can only score in one touch

Progression:

- Returns
- Helpers in the mid line



## 3v4 to 4v3

3v3 with helpers.

- Ball starting from Gk's or coaches
- In the finishing zone players can only score in one touch

Progression:

- Returns
- Helpers in the mid line

