



# Defending

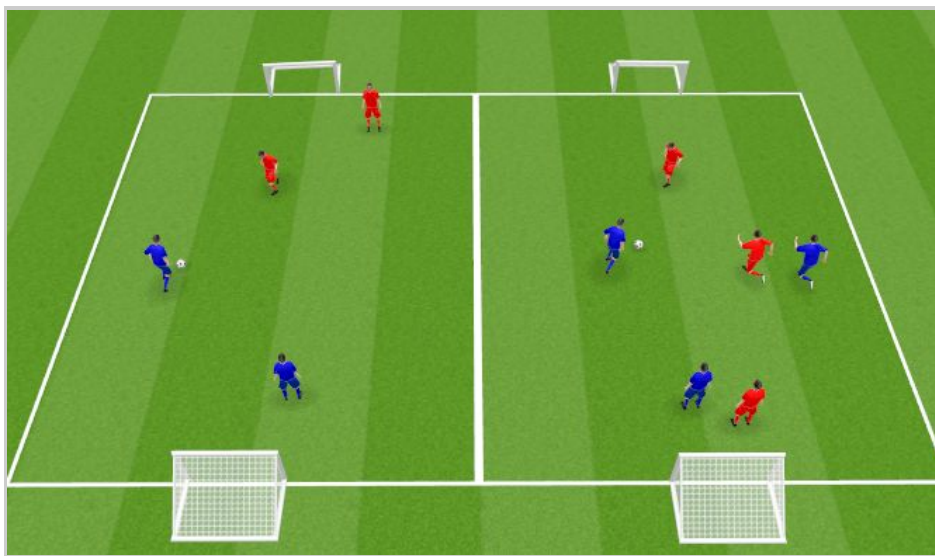
Category: Tactical: Defensive principles

Difficulty: Beginner

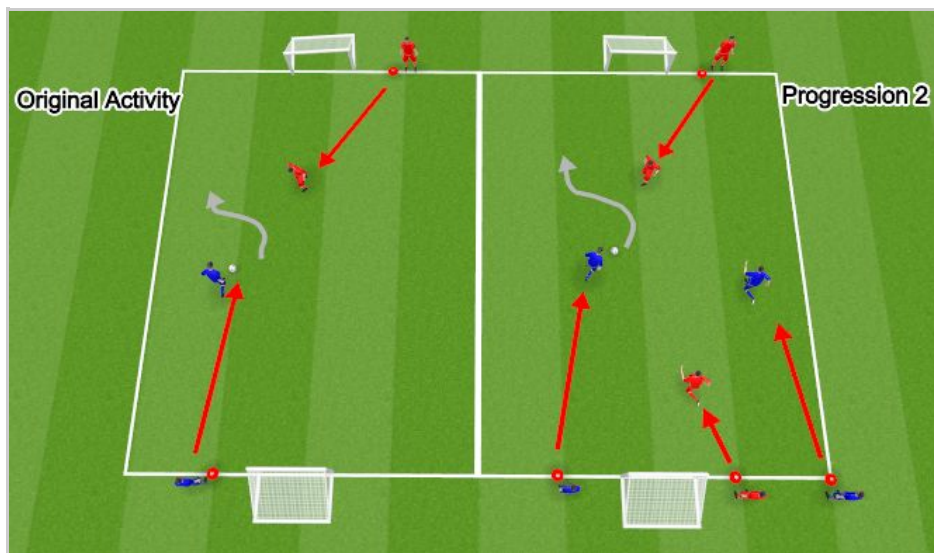
Kickers FC



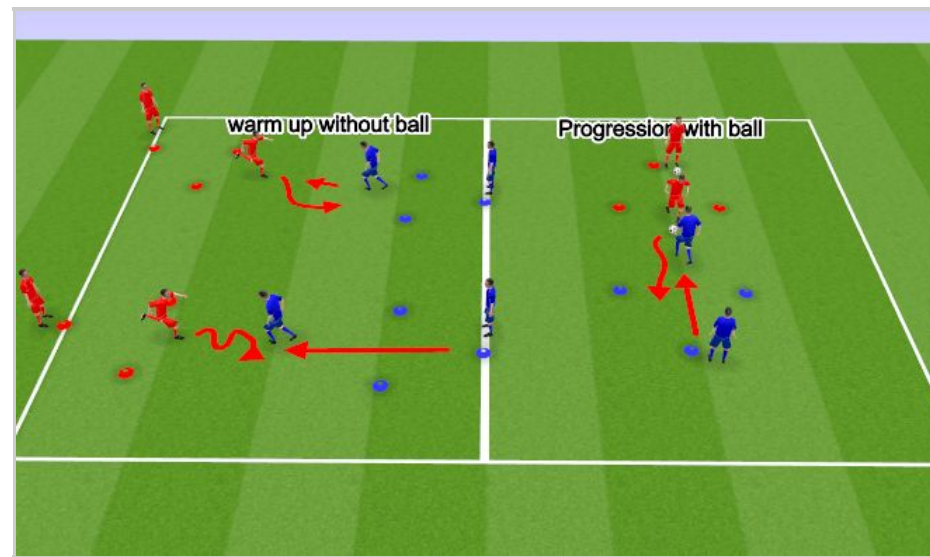
## Field Set Up/Arrival Activity (10 mins)



## 1v1 Defending (10 mins)



## Attack and Defend Tag (10 mins)



## 6v6 or 7v7 (30 mins)

