



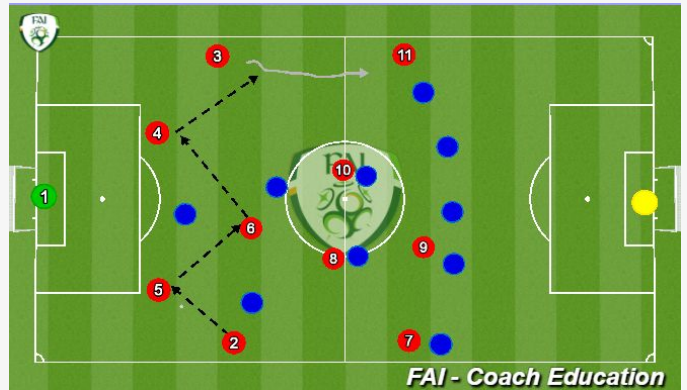
a Reseller-Club: Premier Users' Club

Session: In and out of possession vs Ireland
John Mounthey, Dundalk, Ireland

In Possession

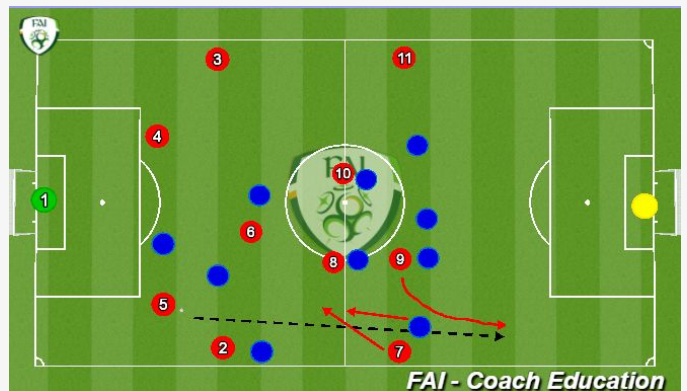
We will set up in a 4-3-3. One midfielder in the deeper position & two advanced. Two wide men and our center forward. We will look to exploit Ireland's formation by switches of play and penetrating them in wide areas with our full backs getting forward on ball side. If it's not on to play through in wide areas we will be patient and come back out and around the other side. Always moving the opposition players until it's on to penetrate.

On times at building up from the back we will get our full backs to drop deep and wingers to stay high. This will give the opposition wing back a decision to make, whether to jump up to our full back or stay with our winger. If the opposition full back stays with our winger we should be able to build up from the back. The deepest of our midfielders will give us a base to play up through, always being an option. If the opposition are aggressive on there press with there wing backs jumping up to our full backs and there midfielders pressing high then its a longer pass up to our attacking players. Communication between our attacking players is key for when to come to feet and when to make runs in behind.



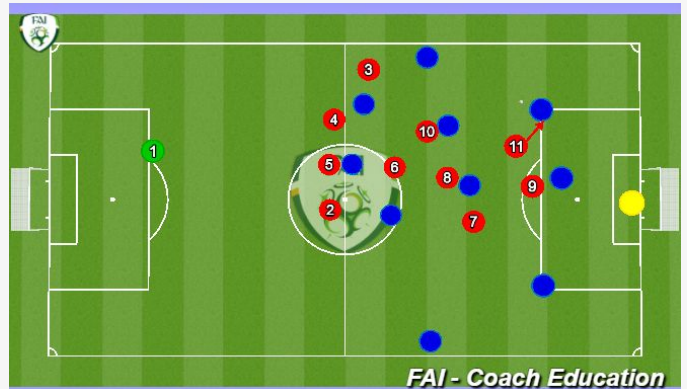
In Possession

Here is a example of Ireland pressing. We will look to be brave, give angles and play from the back but in a situation when its not on its important we have good movement. Like in this example our right winger coming short to attract the opposition left of the back three to step in with him. If the opposition left of the back three goes with our right winger then the space is in behind for our center forward to run in to. If the opposition left of the back three doesn't go with our right winger its on for him to receive the ball in a pocket.



Out of possession

Out of possession we will look to press Ireland high up the pitch to try win the ball back in dangerous areas. To do this we will have to be brave with our defensive line and get them half way line and up with the press to make the pitch as compact as possible. It's important that our keeper is also in a high starting position to sweep anything long over the top as the space will be behind our back line. On our press all players will look to show the opposition players down the narrow side and away from where there players have the overload centrally. If Ireland beat the press it's important we get back quick behind the ball again to soak up the pressure.



Out of Possession

Our shape at times if Ireland have gained good possession and we have to sit off the game will be a 4-4-2 with our number 10 jumping up along side our center forward. Moving as a unit in relation to the ball and staying compact. Make it hard for Ireland to break us down. Once we are set and there's a opportunity we will get set to press again.

